



STEPHENIE FARRELL

# CLARITY. POWER. RESULTS.

CHANGE YOUR ENERGY. CHANGE YOUR LIFE.

## Your “Money Type” Quiz

Read the statements below. If a statement is TRUE for you add one point. Whichever type has the highest number of points is your Money-Type. After you’ve determined whether you are Type A, B, C, or D, learn how you can start creating new money beliefs and habits.

### The Four “Money Types”

#### Type A

You spend your money freely. \_\_\_\_\_

You make spontaneous purchases. \_\_\_\_\_

You often buy things you don’t need. \_\_\_\_\_

Spending money makes you feel powerful. \_\_\_\_\_

You’ve got a high credit card debt and line of credit. \_\_\_\_\_

#### Type B

You always know how much money you have. \_\_\_\_\_

You’re always worried you’re not saving enough money. \_\_\_\_\_

You tend to pass up great opportunities. \_\_\_\_\_

You play it safe and don’t take risks with investments. \_\_\_\_\_

You consider spending money on fun activities to be wasteful. \_\_\_\_\_



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## **Type C**

You DON'T often look at how much money you have. \_\_\_\_\_

You tend to avoid opening your bills. \_\_\_\_\_

You place your bills and receipts somewhere you don't see them (out of sight out of mind). \_\_\_\_\_

You feel stressed about money. \_\_\_\_\_

You feel anxious and hurried when you think of money. \_\_\_\_\_

## **Type D**

You're a service provider who pushes money away. \_\_\_\_\_

You're more likely to be of service to others than to take care of your own needs. \_\_\_\_\_

You can get by with less. \_\_\_\_\_

You don't charge much for your services. \_\_\_\_\_

You believe asking for more money is greedy or not spiritual. \_\_\_\_\_



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## The Four "Money Types"

### Type A

#### ***Big Spender:***

Homework: Start spending in balanced ways. Create a budget and stick to it. Start tracking where your money goes.

### Type B

#### ***The Scrimp & Saver:***

Homework: Make sure you don't pass up the joy in living. Create an account for "fun money". Take advantage of opportunities that enrich your life, even if they cost money.

### Type C

#### ***The Avid Avider:***

*Homework: Start opening your mail and reviewing your bank balance daily. Become organized with money; chaos doesn't attract money.*

### Type D

#### ***The Merry Martyr:***

Homework: Examine your core beliefs about money. Did your mom or dad work very hard for very little money? Consciously bring in new beliefs about money.



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## Ways to Create New Money Beliefs

- Keep a Money Journal. Read and study books.
- Get outside help from someone to hold you accountable.
- Acknowledge all you have/receive with gratitude.
- Write out a list of NEW money beliefs you want to have.
- Change the *old money program* into a *new money program* with help from a mentor or EFT Practitioner.
- Business Debt: Lots of investing in the first few years of any business is needed. You might find yourself in debt, even if you are generating new clients. If this is true for you, know that you are *not alone and you didn't do anything wrong*.
- Once you “get real” with your money, the denial and resistance dissipates, and you start getting into Universal Flow with money. The fear that you once had is replaced with a sense of confidence, security, and knowledge.

*As a Certified Tapping Into Wealth Expert Coach, I understand money issues and how they can have a profound affect on all areas of life. To discuss the results of your quiz, click here to contact me for your free assessment conversation. Together, we'll create a customized plan of action for you to become your personal and professional best. It's completely FREE with no obligations. I'll recommend tools you can implement immediately to liberate yourself from your hidden money blocks and transform your wealth picture.*

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